

トライアウト得点表(女子用)

	ポイント	15m(秒)	30m(秒)	45m(秒)	30m加速(秒)	立ち幅跳び(m)	ショットロス(m)	パワークリーン(kg)	スクワット(kg)
ワールドカップ (ブレイカー)	100	2.20	3.85	5.60	3.40	3.00	15.00	100.00	130.00
	99.5			5.61					
	99	2.21	3.86	5.62	3.41	2.98	14.80	98.75	127.50
	98.5		3.87		3.42				
	98		3.88	5.63	3.43	2.96	14.60	97.50	125.00
	97.5			5.64					
	97	2.22	3.89	5.65	3.44	2.94	14.40	96.25	122.50
	96	2.23	3.90	5.66	3.45	2.92	14.20	95.00	120.00
	95.5		3.91	5.67	3.46				
	95		3.92	5.68	3.47	2.90	14.00	93.75	117.50
	94.5			5.69					
	94	2.24	3.93	5.70	3.48	2.88	13.80	92.50	115.00
	93.5								
	93	2.25	3.94	5.71	3.49	2.86	13.60	91.25	112.50
	92.5			5.72					
	92		3.95	5.73	3.50	2.84	13.40	90.00	110.00
	91.5		3.96		3.51				
	91	2.26	3.97	5.74	3.52	2.83	13.20	88.75	107.50
	90.5			5.75					
	90	2.27	3.98	5.76	3.53	2.81	13.00	87.50	105.00
	89.5			5.77					
	89		3.99	5.78	3.54	2.79	12.80	86.25	102.50
	88.5		4		3.55				
	88	2.28	4.01	5.79	3.56	2.77	12.60	85.00	100.00
	87.5			5.80					
	87	2.29	4.02	5.81	3.57	2.75	12.40	83.75	97.50
	86.5								
	86		4.03	5.82	3.58	2.73	12.20	82.50	95.00
	85.5		4.04	5.83	3.59				
	85	2.30	4.05	5.84	3.60	2.71	12.00	81.25	92.50
	84.5			5.85					
	84	2.31	4.06	5.86	3.61	2.69	11.90	80.00	90.00
83.5									
83		4.07	5.87	3.62	2.67	11.80	78.75	87.50	
82.5			5.88						
82	2.32	4.08	5.89	3.63	2.65	11.70	77.50	85.00	
81.5		4.09		3.64					
81	2.33	4.10	5.90	3.65	2.64	11.60	76.25	82.50	
80.5			5.91						
80		4.11	5.92	3.66	2.62	11.50	75.00	80.00	
E C / N A C (パイロット)	79.5		5.93						
	79	2.34	4.12	5.94	3.67	2.60	11.40	73.75	77.50
	78.5		4.13		3.68				
	78	2.35	4.14	5.95	3.69	2.58	11.30	72.50	75.00
	77.5			5.96					
	77		4.15	5.97	3.70	2.56	11.20	71.25	72.50
	76.5								
	76	2.36	4.16	5.98	3.71	2.54	11.10	70.00	70.00
	75.5		4.17	5.99	3.72				
	75	2.37	4.18	6.00	3.73	2.52	11.00	68.75	68.75
	74.5			6.01					
	74		4.19	6.02	3.74	2.50	10.90	67.50	67.50
73	2.38	4.20	6.03	3.75	2.48	10.80	66.25	66.25	
72.5			6.04						
72	2.39	4.21	6.05	3.76	2.46	10.70	65.00	65.00	
71.5		4.22		3.77					
71		4.23	6.06	3.78	2.44	10.60	63.75	63.75	
70.5			6.07						
70	2.40	4.24	6.08	3.79	2.43	10.50	62.50	62.50	
ジュニア	69.5		6.09						
	69	2.41	4.25	6.10	3.80	2.41	10.40	61.25	61.25
	68.5		4.26		3.81				
	68		4.27	6.11	3.82	2.39	10.30	60.00	60.00
	67.5			6.12					
	67	2.42	4.28	6.13	3.83	2.37	10.20	58.75	58.75
	66	2.43	4.29	6.14	3.84	2.35	10.10	57.50	57.50
	65.5		4.30	6.15	3.85				
65		4.31	6.16	3.86	2.33	10.00	56.25	56.25	
一般	64.5		6.17						
	64	2.44	4.32	6.18	3.87	2.31	9.90	55.00	55.00
	63	2.45	4.33	6.19	3.88	2.29	9.80	53.75	53.75
	62.5			6.20					
	62		4.34	6.21	3.89	2.27	9.70	52.50	52.50
	61.5		4.35		3.90				
	61	2.46	4.36	6.22	3.91	2.25	9.60	51.25	51.25
	60.5			6.23					
	60	2.47	4.37	6.24	3.92	2.24	9.50	50.00	50.00
	59.5			6.25					
	59		4.38	6.26	3.93	2.22	9.40	48.75	48.75
	58.5		4.39		3.94				
	58	2.48	4.40	6.27	3.95	2.20	9.30	47.50	47.50
	57.5			6.28					
	57	2.49	4.41	6.29	3.96	2.18	9.20	46.25	46.25
	56		4.42	6.30	3.97	2.16	9.10	45.00	45.00
	55.5		4.43	6.31	3.98				
	55	2.50	4.44	6.32	3.99	2.14	9.00	43.75	43.75
	54.5			6.33					
	54	2.51	4.45	6.34	4.00	2.12	8.90	42.50	42.50
53		4.46	6.35	4.01	2.10	8.80	41.25	41.25	
52.5			6.36						
52	2.52	4.47	6.37	4.02	2.08	8.70	40.00	40.00	
51.5		4.48		4.03					
51	2.53	4.49	6.38	4.04	2.06	8.60	38.75	38.75	
50.5			6.39						
50	2.54	4.50	6.40	4.05	2.04	8.50	37.50	37.50	